

Clinical Lecture Series

2025-26

This lecture is hosted by Trinity College Dublin



Wednesday 4 February 2026
08:30 - 09:30

Speaker: Dr Emer Barrett and
Megan O'Grady

“Connecting to community-based physical activity - the potential role of intermediaries”

Register at ISCP.ie/events

Dr Emer Barrett is an Assistant Professor in the Discipline of Physiotherapy at Trinity College Dublin. Her research focuses on physical activity behaviours in both general and clinical populations, with a particular interest in evaluating interventions that promote physical activity across diverse settings, including healthcare, communities, universities, and schools.

Megan O'Grady is a chartered physiotherapist who recently completed her PhD with Trinity College Dublin, under the supervision of Dr Emer Barrett and Professor Deirdre Connolly. Her research investigated the role of intermediaries; clinical or non-clinical staff who connect people with community services and supports to improve health and wellbeing, focusing on their role connecting adults to local physical activity and exercise opportunities in Irish and international settings.



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